

KARATEPRAXIS–RETREAT October 2020



 **karatepraxis®**
MODERNE TRADITION

**All-Inclusive &
Black-Belt-Promotion**

- Ludwig Binder (GER)
- Marcus Gutzmer (GER)
- Chr. Wedewardt (GER) --- with **Master-Ken (USA)**

--- **15.-18. Oktober 2020** ---

--- **Gasshuku in modern Tradition** ---

Backdrop for the KARATEPRAXIS-RETREAT will be the beautiful medieval castle Stahleck at Bacharach near the river Rhine. We aim to create an invaluable Karate experience for all participants while enjoying this beautiful landscape and the charme of this historic place.



Lined up and executed by:

Christian Wedewardt, 6. Dan Karate WCA & DKV,
Head and founder of KARATEPRAXIS
Developer of the Heian-Kata-System-Bunkai



When: Thursday: 15.10.2020 - Arrival at 5pm until
Sunday: 18.10.2020 - ca.13:30pm end of the seminar and departure.

Where: Castle Stahleck, 55422 Bacharach, Deutschland

karatepraxis.com

KARATEPRAXIS–RETREAT October 2020



Prerequisites for attending: At least green belt - minimum age 16yrs (with parental consent)

Number of participants: Learning exclusively! Number of participants is limited !

FYI

Free food including a little party! The castle of Stahleck is managed as a youth hostel and offers typical capacities in terms of boarding (Single, double and shared rooms). Rooms are reserved in all three categories during the KARATEPRAXIS-RETREAT. Those will be distributed due to preference and availability. Besides the healthy, common catering, we will host a party for all participants on Saturday night. In addition to roughly 19 hours of Karate practice in the historic, around 150qm large, parquett floored knights hall, all participants will have the opportunity to explore the castle and it's town during their leisure time.

--- Be prepared to be amazed ! ---

Hosts:

- **Ludwig Binder**, 7. Dan Ten-Kyo-Ryu / SOK-Koordinator KDNW
- **Marcus Gutzmer**, 6. Dan Shito-Ryu / SOK-Koordinator RKV & KVSA, National-Coach Shito-Ryu Group within German Karate Organisation (DKV)
- **Master-Ken (USA)**, der Ameri-Do-Te ‚Grandmaster‘ will be with us on the Castle !!!

Themes of the KARATEPRAXIS-RETREAT:

- Master-Ken – Live und exklusiv
- Ten-Kyo-Ryu-Kombinationen, Shito-Ryu-Kata, Kata-Bunkai, Kata-Emotion
- Training mit Großspratzen und Fokus-Mitts, Partner-Drills
- Inklusive SOK-Prüfung bis 5. Dan (wenn genügend Anwärter)



karatepraxis.com

KARATEPRAXIS–RETREAT October 2020

Goals:

- Enjoying applicable Karate training
- Exclusive, intensive, common learning
- Training traditional Karate as a modern tradition
- Experiencing the Karate community regardless of which style
- Belt testing preparation & belt testings

Protection:

Jockstrap is obligated. Further protection has to be at hand in one's sole discretion.

Registration: info@karatepraxis.com

After registration you will receive a confirmation with further payment details. Registration and participation slot is only reserved after payment completion.

Please note your favoured room situation (no guarantee for fulfilment).

Important information

An initial-fee of 250,- EUR is necessary to secure your booking.

Please do only book if you are absolutely sure that you'll be able to attend the seminar, since the initial payment is non-refundable in case of your cancelation.

Organizational notes:

Detailed information about class schedule, meal and leisure times and seminar content will be sent out via e-mail beforehand.

Costs per person (All-Inclusive)

*including all cold drinks.

only **479,- EUR**

(incl. 19% Tax)

Belt testing fees & registrations

In case of a black belt testing the participant will take care of all organizational arrangements and costs linked to the German Karate Association (DKV)

For promotion within the WCA please get in touch with me in good time.

References:

Visit us at www.karatepraxis.com

Organizer and host will assume no liability.



Visit karatepraxis.com